

Northwest Plastic Surgery

Steven J. Heaney, M.D.

SPECIALIZING IN SKIN SURGERY AND RECONSTRUCTION

LIBERTY STREET MEDICAL ARTS BUILDING
765 LIBERTY STREET, SUITE 207
MEADVILLE, PA 16335
TELEPHONE (814) 724-3201
FAX (814) 724-3204

BAYVIEW OFFICE PARK, BUILDING 2
510 CRANBERRY STREET, SUITE 240
ERIE, PA 16507
TELEPHONE (814) 453-4482
FAX (814) 454-6710

SURGICAL INSTRUCTIONS

1. LEAVE BEIGE TAPE ON OVER YOUR INCISION. YOU MAY LEAVE TAPE ON UNTIL YOU RETURN TO THE OFFICE. IF TAPE FALLS OFF YOU CAN APPLY A SMALL AMOUNT OF OINTMENT (VASELINE , POLYSPORIN, NEOSPORIN, BACITRACIN) OVER INCISION.

2. YOU MAY WASH / SHOWER OVER TOP OF TAPE WITH SOAP AND WATER PAT AREA DRY.

3. SOME BLEEDING IS NORMAL. HOLD FIRM - STEADY PRESSURE OVER INCISION FOR 5-10 MINUTES. IF BLEEDING DOES NOT STOP AFTER APPLYING PRESSURE FOR 20 MINUTES, PLEASE CALL THE OFFICE OR GO TO THE CLOSEST EMERGENCY ROOM.

ERIE OFFICE: 814-453-4482

MEADVILLE OFFICE: 814-724-3201

4. PLEASE TAKE TYLENOL ONLY FOR PAIN.

No Ibuprofen, Advil, Aspirin, Motrin, or Aleve.

(These are all blood thinners and will cause you to bleed and bruise)

5. IF YOU HAD A FACIAL SURGERY, PLEASE KEEP YOUR HEAD ELEVATED. NO BENDING OVER.

6. IF COLD COMPRESS IS NEEDED, PLEASE FEEL FREE TO DO SO FOR SWELLING AND PAIN. APPLY THE COLD COMPRESS FOR 20 MINUTES EVERY 2 HOURS.

Please feel free to contact the office if you have any questions regarding your procedure.

Sincerely,

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